



**ADDRESS** 11/104 Crown Street, Wollongong NSW 2500  
**PHONE** 02 4288 4157 | 0448 401 872  
**EMAIL** [info@selfreflections.com.au](mailto:info@selfreflections.com.au)  
**WEBSITE** [www.selfreflections.com.au](http://www.selfreflections.com.au)  
**SOCIALS** self reflections clinic

Dear Referring GP,

**RE: Request for Referral**

Your patient has approached us because they are interested in seeing our dietitian. We have discussed with them the option of receiving Medicare rebates through the Chronic Disease Management (CDM) Plan and have advised them to discuss this with you.

If your patient is eligible, the items which will need to be prepared and lodged with Medicare are:

- GP Management Plan (item 721)
- Team Care Arrangement (item 723)
- Referral Form for Individual Allied Health Services under Medicare for patients with a chronic medical condition and complex care needs

The details of our dietitian should already be on your system but if they are not, please see below:

Alicia Thackray  
Practicing Accredited Dietitian  
Provider Number: 2599075Y

Once the relevant paperwork has been lodged, your referral can be faxed to us directly or given to the patient to pass onto us on their first appointment.

Please be aware that the current rebate for each dietetic service is \$53.80 and the CDM plan allows for 5 visits per 12 month period, to be spread across the health professionals on the patient's plan.

If you have any questions regarding this referral request, please don't hesitate to contact us on 4288 4157.

Kind regards,

**Klaudia Gebert**  
Clinic Director  
Self Reflections